



REHASENSE

- **“Platform” – walker**

*version: 1000GB*

**User's manual**



CE

**more than mobility**

## 1. General Information

Dear Customer,

This user manual contains a description of the device and important guidelines to ensure its correct and safe usage. It is important prior to use to read this manual carefully. It is especially important to read the safety requirements and follow these.

REHASENSE continuously develops its products and so reserves the right to change the specifications and functions of products without notice.

For queries please contact your dealer or REHASENSE directly. The contact data is located on last page of this manual.

## 2. Intended Usage, Indications & Contraindications

**Intended usage:** The walker has been designed as an assistive walking aid for the people who have mobility problems related to standing or walking independently. With the device, the User can stand and walk more easily.

The main purpose of this product is to provide balance during the gait as well as providing partial unloading of the upper limbs through the forearm supports, which can be adjusted in and out to fit the Users' body. The forearm supports can be adjusted up and down by a control lever connected to the gas strut. The hand grip and brake lever assemblies can be positioned independently to enable the best position for the User. Such a walker offers better support, balance and stability than regular rollators. The device may be used indoor only. Any other usage is prohibited

**Indications:** Individuals who, (because of the wide variety of possible health problems) require additional stable support during walking. Individuals under physical rehabilitation treatment after a surgical operation on their leg, foot or hip.

**Contraindications:** The device must not be used by persons who have serious problems with body balance or whose muscle strength is too low to be able to stand and walk, even with extra support of a walker. The use of such a walker should be indicated by a physician or physical therapist.

## 3. Security requirements

Make sure that this User's Manual is read by all persons who use the device. The manufacturer takes no responsibility for damage and/or injuries, caused by improper use as a result of not reading and following instructions in the User's Manual.



### Limitations for usage

- The device must not be loaded with more than 150 kg.
- The device is dedicated to be used only indoors on flat surfaces.
- The device may NOT be used as a stand-up helping aid.
- The gas spring is intended ONLY for support of adjusting the height of the armrests.
- The gas spring may not be used as additional power for standing up.
- The device may ONLY be used when the armrest supporting columns are locked in the right position with the position locking knobs.



### Avoiding the accidents

- Use the device only for the purpose it is intended for.
- Use the device only in good technical condition.
- Avoid making constructive changes on the device, unless you have the manufacturer's written acceptance for such modifications.
- During different adjustments which are possible on the device the user must take care not to squeeze the fingers or other body parts between two moving elements of the device
- All wheels MUST be in contact with the floor at ALL TIMES during use. This will ensure the device is properly balanced and should avoid accidents.
- When using the device in a stationary position, the hand brakes MUST be locked.
- The brakes MUST be in the locked position before entering or leaving the device unattended.



Be careful. Fingers or other body parts of a user or/and assistant can be trapped between device's elements during assembling, disassembling or adjusting of the device. Be extremely careful when adjusting the device's characteristics. Observe the dimensions of gaps between device's elements to avoid trapping your fingers or other body parts.

#### **4. Delivery, assembly & product general description**

##### **Description**

The Platform is a four wheel walker with a rigid frame made from powder coated aluminium, with forearm supports equipped with push handles and brake handles for the users' safety and comfort. The device offers great manoeuvrability, stability and is equipped with forearm supports that can be adjusted vertically and horizontally. Platform 1000GB is equipped with 2 foot parking brakes and 2 manoeuvre brakes with parking brake function activated by hand levers.

##### **Delivery**

The walkers are supplied in cartons fully assembled for quick and easy deployment.

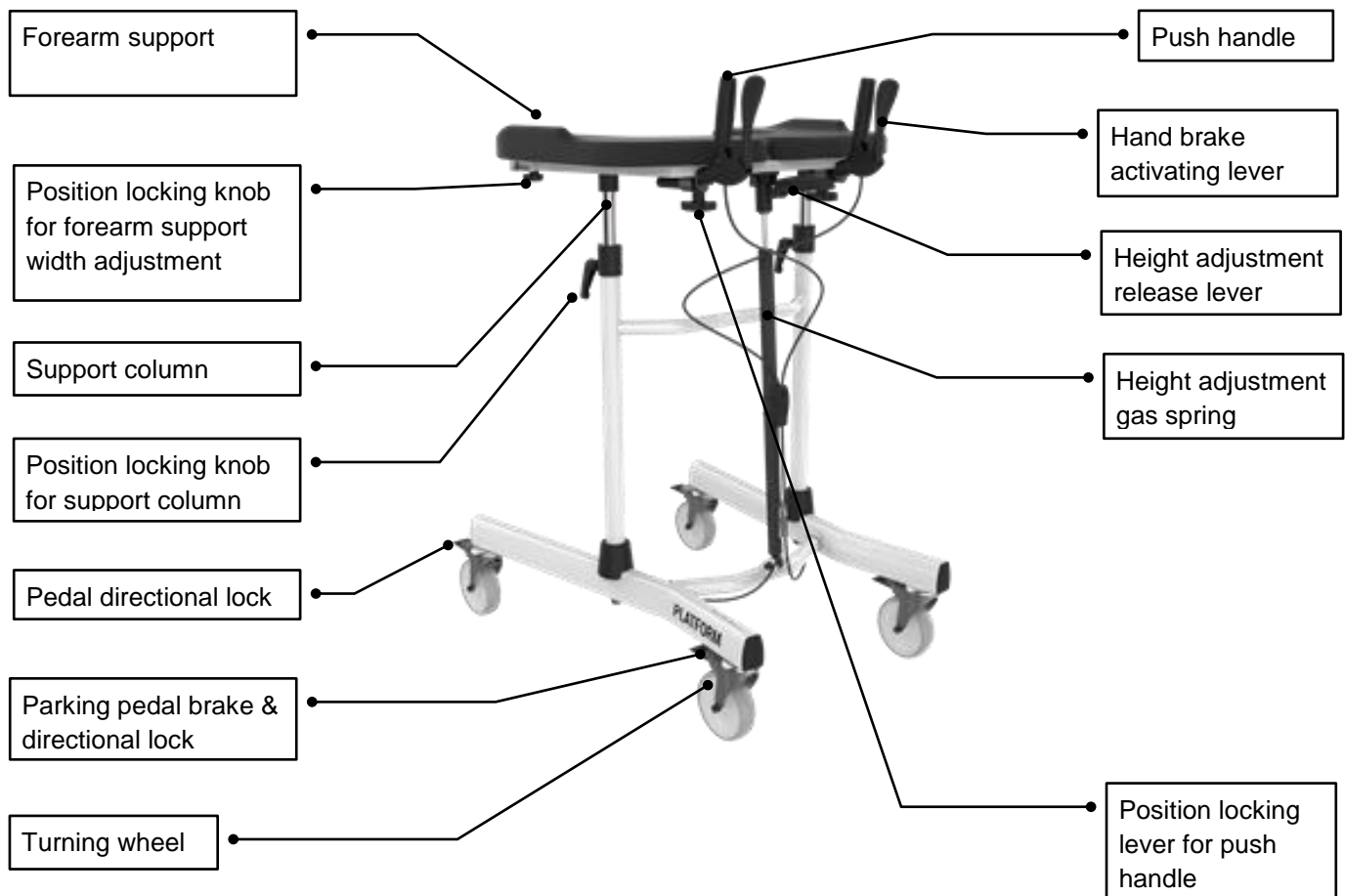
The contents of the package are:

- 2 walkers fully assembled
- 2 user manuals

##### **Initial check for assembled device**

Check the contents of the box. If you should discover that one of the products is damaged, contact the supplier of your product right away.

#### **5. Product details**



## 6. Usage



*After assembly or adjustments and before usage make sure, that all locking knobs and levers are securely locked, so that the device is stable and solid. Assure there is no unintended play between parts. Failure to follow this warning can result in personal injury.*

### **Adjusting the height of the forearm supports**

- Loosen the two position locking knobs located on support columns;
- Unlock the height adjustment by pulling the height adjustment release lever up or pushing it down.
- Make adjustment to your desired height by pushing the forearm supports down or letting them move up freely.
- Release the height adjustment lever, the height adjustment locks
- Tighten the two position locking knobs.

*The height adjustment release lever works in both directions, up and down.*

*Correctly adjusted forearm supports should be located on the height of user's elbows when standing with arms directed downwards.*



**The device should only be used with the two position locking knobs tightened**

### **Adjusting the width of the forearm supports**

- Loosen the two position locking knobs located under the forearm supports;
- Make adjustment of the supports to your desired width by sliding them outwards or inwards;
- Tighten the two position locking knobs.

### **Adjusting the length and angle of the push handles**

- Release the locking levers located under the push handles ,
- Make adjustment to your desired length and angle, so it is easy and comfortable to grab the handles.
- Tighten the levers.

### **Using the hand brakes to brake the rear wheels**

- TO STOP THE WALKER simply pull the brake handles rearwards, towards the hand grip.
- TO REMAIN STATIONARY hold the brake handles in the "REAR" position.
- TO START MOVING release the brake handles. They will automatically move back to the front position and the brakes will be released.

### **Locking/unlocking the hand brakes**

- To lock the brakes push the brake handles forward until you hear it "click"
- To unlock the brakes pull the brake handles rearward until you can feel it is released.

### **Locking/unlocking the front wheels**

- To lock the front wheel brakes press with your foot on the foot pedal located at the front wheel until it locks.
- To unlock the brakes and directional locking lift the foot pedal with the nose of your foot until it unlocks.

### **Directional locking of the front wheels** (prevent from pivoting)

- If the front wheel is locked with the foot pedal it can also not pivot.

### **Directional locking of the rear wheels**

- To lock the rear wheels press with your foot on the foot pedal located at the rear wheel until it locks.



*The rear wheels will not be locked as parking brake. For that purpose the handbrakes should be used.*

*The purpose of this directional locking function is to create a more stable motion which the rear wheels fixed and the front wheels pivoting.*



- When using the device in a stationary position, the pedal brakes **MUST** always be locked.
- You should always engage the brakes when you don't plan to move the device.
- Never leave the device on slopes without the brakes engaged!

## **7. Cleaning description**

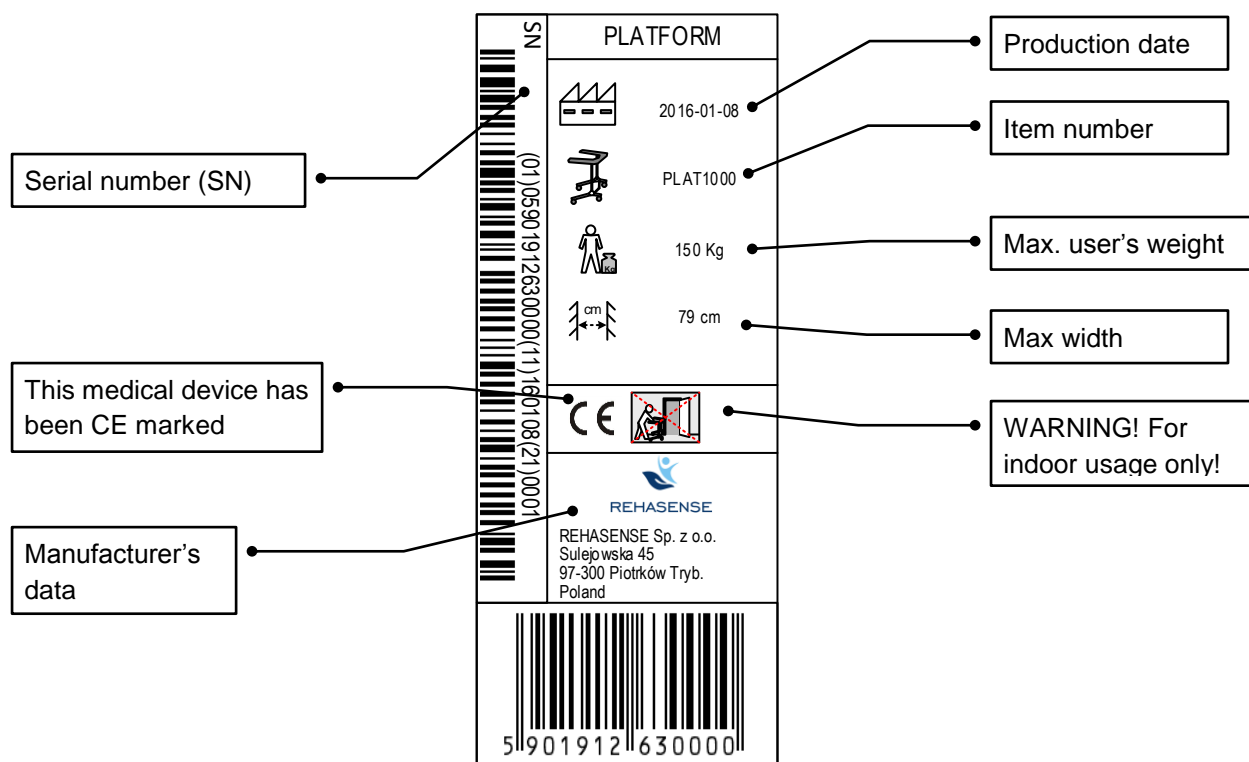
- General:
- Regularly clean the device and keep it clean.
- Lighter dirt and dust can be removed with a wet cloth.
- Larger parts can be removed with a non-corroding, mild washing agent and warm water.
- Do not use harsh abrasives or bleach based cleaners, which may cause damage or discolouration.
- Dry parts with soft cloth.

Wheels:

- Clean wheels with warm water and mild cleanser. Dry with clean rag. For smooth operation remove any condensation of dirt, that may accumulate between wheels and forks.

## **8. Label Description**

The product label is placed on one of the bottom tubes of the main frame:



## 9. Technical data

Max. load	150 kg
Total weight	18 kg
Length	80 cm
Width	69 - 80 cm
Width between forearm supports	31-48 cm
Height of the arm supports (adjustable)	90-130 cm
Total height (at the top of push handles)	100-140 cm
Hand brakes	2 simultaneous brake levers with parking function
Front wheels	4" turning castors with parking foot brake and directional locking
Rear wheels	4" turning castors with hand parking brake and directional locking

## 10. Transport description

The device is not a foldable product convenient for transportation. If it is necessary to transport it, we recommend using a large enough vehicle, so there is no need to disassemble the device. It should be transported and secured in a stable way so that there is no risk of sudden and dangerous movements of the device inside the vehicle.

## 11. Maintenance

- Ensure that every part of the device is fixed and secured at ALL times.
- Check all screws for tightness. If not, tighten if necessary
- Replace any broken, damaged or worn parts immediately.

## 12. Reuse

This medical device can be reused by another owner if the original owner of the product doesn't need it anymore. Before reuse the device must be carefully inspected by authorized technical staff.

Following items should be checked:

- rigidity of the structure,
- tightness of bolts and nuts,
- condition of soft elements,
- condition of wheels and ball bearings,
- efficiency and condition of brakes.

If any of the parts above are torn, worn or broken, they should be replaced with new parts. It is highly recommendable to install new wheels with change of ownership of the device. All loose bolts and nuts must be tightened. The product must be precisely cleaned and disinfected

**WARNING!** It is forbidden to reuse the device if frame parts are bent or broken.

Every new owner must receive the device with this user's manual attached.

## 13. How to dispose the product

The device should not be disposed with normal garbage. It should be delivered to the disposal station for re-use or recycling.

## **14. Warranty**

The producer offers 2 years of guarantee for errors in production. The guarantee is not valid if used for purposes for which it was not intended for.

**In case of any technical questions contact your local distributor or directly with Rehasense.**

**Distributor:**

**Manufacturer:**

**Rehasense® Sp.z o.o.**

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